



**BREAK
CAFÉ**
MENU

Food and Pastry

GRAB AND GO SNACKS

- \$2.99 Assorted Cake Pops
- \$2.99 Assorted Chocolate Bars
- \$2.99 Assorted Granola Bars
- \$2.99 Assorted Chips
- \$5.29 Mixed Berry Yogurt Parfait with Granola
- \$5.25 Homemade Tiramisu
- \$5.99 Homemade Banana, Oreo, or Mango Puddings

GRAB AND GO SALADS

- \$8.29 Chef's Choice of Seasonal Salads
- \$8.29 "BIG" Composed Salad
- \$8.29 Caesar Salad
- \$8.29 Seasonally Inspired Pasta Salad

PASTRY AND DESSERT

- \$2.49 Homemade Chocolate Chip Cookie
- \$3.99 House made Muffin Loaves
- \$3.49 Croissant
- \$3.69 Chocolate Croissant
- \$7.09 Triple Chocolate Cake
- \$7.09 Red Velvet Cheesecake
- \$4.99 Assorted Sliced Cakes and Squares

GRILLED PANINIS (HOT OR COLD)

Add \$3.29 to make it a combo (choice of chips and a canned soft drink or 300 mL assorted juice)

- \$8.99 Grilled Three-Cheese Sandwich with a side of dipping sauce
- \$8.99 Tuna Salad Wrap
- \$8.99 Egg Salad Wrap
- \$8.99 Chicken Salad Wrap
- \$9.99 Roast Beef Sandwich on a Potato Roll
- \$9.99 Turkey Sandwich
- \$9.99 Cajun Chicken
- \$5.99 Breakfast Croissant Bun

SOUPS / STEWS

Soup is served with Garlic Toast

- \$5.99 Chili with Garlic Bread (Beef or Turkey)
- \$8.99 Big Soup (Chicken Ginger Soba Noodle Soup)

PIZZA

- \$4.99 Cheese Pizza and Vegetable Pizza
- \$5.99 Beef Halal Pepperoni Pizza

STUDENT MEAL DEAL

Add \$3.29 to make it a combo (choice of chip and a canned soft drink or 300 mL assorted juice)

MONDAY

Ricotta Ravioli

TUESDAY

Baked Pasta Shells with Cream Alfredo Sauce

WEDNESDAY

Penne Spicy Arrabiata

THURSDAY

Veggie Lasagne

FRIDAY

Turkey Meatball Dippers

Non-student price: \$9.99

**STUDENT
PRICE
\$7.99**

Coffee

All our espresso based beverages are Fairtrade, organic, and bird friendly.

HOT & COLD BEVERAGES

Reg	Lg	XL	
\$3.49	\$4.29	\$4.99	Americano
\$4.79	\$5.29	\$5.99	Latte
\$5.99	\$6.49	\$7.19	Mocha Latte
\$5.49	\$6.29	\$7.19	Nutella Latte
\$6.49	\$6.99	\$7.69	Biscoff Latte
\$5.49	\$6.29	\$6.99	Hot Chocolate
\$5.49	\$6.29	\$7.19	Chai Latte
\$5.79	\$6.29	\$7.19	Matcha Latte
\$6.29	\$6.99	\$7.99	Strawberry Matcha Latte
\$6.29	\$6.99	\$7.99	Banana Bread Matcha Latte
\$3.99	_____		Cappuccino
\$4.49	_____		Flat White
\$4.29	_____		Cortado

BREAK CAFÉ BLEND

HOT BREWED COFFEE

\$1.99	Small - 8oz
\$2.49	Regular - 12oz
\$3.29	Large - 16oz
\$3.99	Extra Large - 20oz

ICED BREWED COFFEE

\$3.29	Regular - 12oz
\$3.49	Large - 20oz
\$4.19	Extra Large - 24oz

ESPRESSO

Single	Double
\$2.49	\$3.29

EXTRAS

\$0.99	Alt Milk Options (Oat, Almond or Lactose-Free Milk)
\$0.99	Flavoured Syrup (Simple, Vanilla, Caramel or Cinnamon-Brown Sugar)
\$0.99	Espresso Shot
\$0.99	Whipped Cream

Tea and Beverages

TEAS

ORGANIC TEA (LOOSE LEAF)

Reg	Lg	XL	
\$2.99	\$3.29	\$3.99	English Breakfast
\$2.99	\$3.29	\$3.99	Earl Grey
\$2.99	\$3.29	\$3.99	Jasmine Green
\$2.99	\$3.29	\$3.99	Sencha Green
\$2.99	\$3.29	\$3.99	Rooibos Chai
\$2.99	\$3.29	\$3.99	Chamomile Lemongrass
\$2.99	\$3.29	\$3.99	Mint
\$2.99	\$3.29	\$3.99	Elderberry Hibiscus

COLD QUENCHER

- \$3.99

Blue Raspberry Splash
Blue Raspberry Syrup, Sprite, Lemon Juice
- \$3.99

Strawberry Splash
Strawberry Syrup, Sprite, and Lemon Juice
- \$3.99

Mango Splash
Mango Syrup, Sprite, and Lemon Juice

BEVERAGES

- \$3.29

Assorted Pop (500mL)
- \$2.19

Assorted Pop (355mL)
- \$2.19

Bubly Sparkling Water (355mL)
- \$2.79

Assorted Juices (300mL)
- \$3.99

Flavoured Flow Water (500ml)
- \$4.99

Coconut Water (490mL)
- \$3.99

Wellness Shot/Ginger Shot (60mL)
- \$3.29

Sports Drink (591mL)
- \$2.99

Root Beer (355mL)

DIETARIES



Vegetarian



Vegan



Halal



Gluten -Free